Encouraging Deeper Roots of Faith through



“I am the vine; you are the branches...apart from me you can do nothing.”

John 15:5

Spiritual Formation

-Spiritual Formation Task Group of the SC United Methodist Board of Laity

August 19, 2011

Dear Donald Love,

Thank you for agreeing to present a workshop for the Spiritual Formation Task Group’s Conference titled *Spiritual Practices: Daily Habits for Your Spiritual Journey*. This event will be held at Lexington United Methodist Church, 309 East Main Street, Lexington, SC 29072. The date is October 15, 2011, from 9 a.m. to 3:00 p.m. Lunch will be provided.

To help you arrange your thoughts we suggest this basic outline:

* **Description of the basic practice**- any instructions, history, and more recent use of the practice
* **Why this practice may be for you**- include your personal testimony or stories of others who have enjoyed or found difficulty with this practice. Mention reasons for adopting this practice.
* **Experiencing the practice**-give plenty of time for the practice and discussion. Introduce this topic by actually leading the group into the practice. As a rule, teaching spiritual formation is best done by practice and modeling. Yes, some information is necessary so the participants feel comfortable and safe with the practice, but the more description we give, the greater the chance the participant will have difficulty entering into the practice for fear of “not doing it just right.” The more “rules” we give, the harder it will be. And sharing is important. Inviting sharing without “insisting” on sharing will keep each participant within their own comfort level. Save a little time for questions.
* **If you have a booklist or list of favorite authors on this topic please send it ahead of time in a Word document.** We will put them on our website for all participants to download, and please bring 75 copies with you. Email address is below.
* **Please choose a title for your workshop that reflects your spiritual practice and two or three sentences of description.**  Please email this to the address below by September 15.

Your spiritual Practice is Tithing.

Each session will be 45 minutes in length.

You are asked to present your session 3 times.

Please be at the church by 8:30 am to set up your room. If you have any questions please call or email meat

**803-283-7857 or 803-285-1068 or** [**behudson@comporium.net**](mailto:behudson@comporium.net)

Thank you again for your willingness to serve.

Blessings,

Betty Kay Hudson

Chair, Spiritual Formation Task Group, SC Board of Laity